



**Mr Quyen Ngoc TRAN**

*Portfolio Development and Quality Manager, HelpAge International*

Quyen has more than 30 years' experience working in research, emergency response and community development in Asia. His roles in the region and globally is to provide technical support in areas relating to age-friendly livelihood, disaster response and preparedness, healthy and active ageing, community base care, age-friendly cities and communities, policy advocacy and in the establishment and capacity building of Older People Associations (OPA). Since 2003, he and his team has been working with country offices and network members to developed and expanded OPAs that follow the community driven development (CDD) approach, which is community led, effective, affordable, sustainable, and replicable in low resource communities throughout the Asia and Pacific region. By the end of 2020, millions of OPAs with hundreds of millions of members have been established and continue to expand rapidly in the region. Looking beyond Asia, the OPA model has being successfully piloted in Africa and the Middle East.

Since 2015, he has conducted annual regional OPA (TOT) training courses for developers and policy makers in the region and beyond. With respect to COVID-19, he has also supported OPAs in Asia to develop intervention to reduce the impact of COVID19 on older people and others at risk group.



### **Quyen Ngoc TRAN 先生**

*國際助老會項目組合發展及品質經理*

Quyen從事亞洲研究、緊急應變和社區發展工作擁有超過 30年經驗。他在亞太區和全球上支援年齡友善生活、災難應變及備災工作、健康及活躍樂齡，社區照顧、年齡友善城市及社區、政策倡議以及成立老年人士協會（Older People's Association (OPA)）和提供相關培訓。自2003年，Quyen及其隊伍一直與不同國家辦事處和網絡成員合作，發展及擴展運用社區推動發展（community driven development (CDD)）模式的OPAs，由社區帶領、多功能、具成本效益、可負擔、可持續、並可在亞太區資源有限的社區複製套用。至2020年尾，過百萬的OPA以及數億名會員已經成立，數量更仍然在區域內快速增長。亞洲以外，OPA模型亦在非洲和中東成功實驗。

自2015年起，Quyen為多國的發展工作者和政策制定者舉辦一年一度的OPA (TOT) 區域訓練課程。另外2019冠狀病毒方面，Quyen支援亞洲的OPA開發干預計劃，減低病毒對於長者及其他風險群體的影響。



### **Quyen Ngoc TRAN 先生**

*国际助老会项目组合发展及质量经理*

Quyen从事亚洲研究、紧急应变和社区发展工作拥有超过 30年经验。他在亚区和全球上支持年龄友善生活、灾难应变及备灾工作、健康及活跃乐龄，社区照顾、年龄友善城市及社区、政策倡议以及成立老年人士协会（Older People's Association (OPA)）和提供相关培训。自2003年，Quyen及其队伍一直与不同国家办事处和网络成员合作，发展及扩展运用社区推动发展（community driven development (CDD)）模式的OPAs，由社区带领、多功能、具成本效益、可负担、可持续、并可在亚太区资源有限的社区复制套用。至2020年尾，过百万的OPA以及数亿名会员已经成立，数量更仍然在区域内快速增长。亚洲以外，OPA模型亦在非洲和中东成功实验。

自2015年起，Quyen为多国的发展工作者和政策制定者举办一年一度的OPA (TOT) 区域训练课程。另外2019冠状病毒方面，Quyen支持亚洲的OPA开发干预计划，减低病毒对于长者及其他风险群体的影响。