



Mr John State

Managing Director, Danzup Agewell Social Enterprise Ltd

Mr. John State graduated from the University of Hong Kong (MSSc in Gerontology & MSc in Real Estate and Construction). DanzUp, a programme that was awarded seed grant in the Silver Age Startup programme, suggests using dance training to prevent falling among older people, reducing risks posed to their bodies. Founder of DanzUp, John State, is a 50+ silver age social entrepreneur. When he fell ill for three years following his retirement when he turned 55, John started to plan out how he could live his life more meaningfully in the next 30 years. He returned to school to study gerontology where he gained an understanding of overseas fall prevention concepts, ultimately leading him to establish DanzUp to help older people stay physically and mentally healthy.

陳饒燊先生

DanzUp 執行董事



陳饒燊先生畢業於香港大學為老年學碩士及房地產與建築系碩士。
DanzUp 獲得「理大賽馬會社創『騷·In·廬』」「銀齡社創」起動基金，DanzUp提出利用舞蹈訓練，可以防止年長人士跌倒，減少對他們身體的影響。DanzUp的創始人陳饒燊先生是一位50+銀齡社創家，55歲退休後患病三年，開始重新思考如何規劃接下來30年的生活，讓晚年過得更有價值和意義，於是他重回校園修讀老年學課程，並吸納外國防跌理念，創辦DanzUp，讓長者保持身心健康。



陈饶增先生

DanzUp 执行董事

陈饶增先生毕业于香港大学为老年学硕士及房地产与建筑系硕士。
DanzUp 获得「理大赛马会社创『骚·In·廬』」「银龄社创」起动基金，DanzUp 提出利用舞蹈训练，可以防止年长人士跌倒，减少对他们身体的影响。DanzUp 的创始人陈饶增先生是一位50+银龄社创家，55岁退休后患病三年，开始重新思考如何规划接下来30年的生活，让晚年过得更有价值和意义，于是他重回校园修读老年学课程，并吸纳外国防跌理念，创办DanzUp，让长者保持身心健康。