



**Ms Karen LEE**

*Project Manager I / Spatial, Jockey Club Design Institute for Social Innovation, PolyU*

Karen is a chartered town planner and project manager specialising in urban integration, city management strategies and creating shared value through innovation. Before joining JCDISI she was the technical manager for the Elizabeth Line project in the UK and the Walk DVRC project HK.

She is the co-author of the “Tackling Double Ageing with Double Smart” article which won the HKIP Awards in 2019, she also won the HKIP Silver Awards for the Ma Wan Old Village TSH project for its innovative approach in injecting life and vibrancy in an idle village through community building. She is the Project Lead of JCDISI’s Transitional Social Housing, Intergenerational Play Space, Health and Wellbeing of Children Living in Subdivided Unit and Community Planning in an Age-friendly Community projects and focuses on evidence-based policy innovation through participatory co-design and prototyping.

**Topic: Rethinking “Community” and “Space”: Supporting Older People’s Social Connectedness in a Post Pandemic World**

COVID has brought along unprecedented challenges to the community. Community spaces that hold critical functions in building and sustaining social networks, such as parks, community centres and recreation and leisure facilities, are among the first to shut down when a new wave arrives. While it may seem to be a prudent move, evidence suggest that older adults are adversely affected by this risk-averse strategy and experience significant distress and a massive decline in their functional capacity. Older adults are heavily reliant on community spaces to retain their ties with the community and for their physical and psychosocial wellbeing, especially if they are an elderly singleton, elderly doubleton or a caregiver. How might we redesign our neighbourhoods in a post pandemic world to make community spaces function well for the community, as well as being able to support “business as usual” management regimes to improve community resilience? Karen will highlight key insights from JCDISI’s participatory community planning processes and share how these lessons will start to take shape to steer JCDISI’s age-inclusive community planning agenda to future-proof our social infrastructure and support ageing in place.



### 李雅筠 女士 (Karen)

香港理工大學賽馬會社會創新設計院空間項目經理I

Karen 是一名註冊城市規劃師及項目經理，專研城市融合、城市管理策略及透過創新創造共享價值。加入 JCDISI 前，她曾擔任英國伊利沙伯綫項目及香港「行德」項目的技術經理。

Karen 合著的文章《「雙智慧」對應「雙老化」》(Tackling Double Ageing with Double Smart) 於2019年獲得香港規劃師學會周年大獎 (HKIP Awards)。她負責的馬灣舊村過渡型社會房屋項目透過社區共創的創新方將生命力和活力引進被棄置的村落，獲得香港規劃師學會周年大獎銀獎。Karen 在 JCDISI 帶領過渡性社會房屋、跨代共融遊樂空間、劏房戶兒童身心健康和年齡友善社區規劃項目，同時透過參與式共創設計和原型製造發展從證據出發的政策創新。

### **題目：重新思考「社區」和「空間」：在後疫情世界中支援長者的社會聯繫**

新冠疫情給社區帶來了前所未有的挑戰。在新一波疫情到來時，公園、社區中心以及康體文娛設施等社區空間首當其衝被關閉，而這些社區空間在建立和維持社交網絡方面具有關鍵功能。關閉社區空間雖是一個謹慎的舉措，但有研究發現這種風險規避策略對長者尤其有不利影響，使他們遭受到重大壓力和身體機能大幅下降的衝擊。長者，尤其是獨居長者、「雙老」家庭或照顧者，在很大程度上依靠社區空間來保持他們與社區的聯繫、以及維持身心健康。在後疫情世界裏，我們如何重新設計我們的社區，提升社區空間可為社群提供的功能，並能夠支持「一切依舊」的管理制度，以提升社區的韌性？Karen將分享JCDISI在參與式社區規劃過程中獲得的關鍵見解，並分享這些經驗將如何引導接下來JCDISI的「全齡共融」社區規劃議程，使我們的社會基礎設施面向未來、支援居家安老。



### 李雅筠 女士 (Karen)

香港理工大学赛马会社会创新设计院空间项目经理I

Karen 是一名注册城市规划师及项目经理，专研城市融合、城市管理策略及透过创新创造共享价值。加入 JCDISI 前，她曾担任英国伊利沙伯线项目及香港「行德」项目的技术经理。

Karen 合着的文章《「双智慧」对应「双老化」》(Tackling Double Ageing with Double Smart) 于2019年获得香港规划师学会周年大奖 (HKIP Awards)。她负责的马湾旧村过渡型社会房屋项目透过社区共创的创新方将生命力和活力引进被弃置的村落，获得香港规划师学会周年大奖银奖。Karen 在 JCDISI 带领过渡性社会房屋、跨代共融游乐空间、劏房户儿童身心健康和年龄友善社区规划项目，同时透过参与式共创设计和原型制造发展从证据出发的政策创新。

### 题目：重新思考「社区」和「空间」：在后疫情世界中支持长者的社会联系

新冠疫情给社区带来了前所未有的挑战。在新一波疫情到来时，公园、社区中心以及康体文娱设施等社区空间首当其冲被关闭，而这些社区空间在建立和维持社交网络方面具有关键功能。关闭社区空间虽是一个谨慎的举措，但有研究发现这种风险规避策略对长者尤其有不利影响，使他们遭受到重大压力和身体机能大幅下降的冲击。长者，尤其是独居长者、「双老」家庭或照顾者，在很大程度上依靠社区空间来保持他们与社区的联系、以及维持身心健康。在后疫情世界里，我们如何重新设计我们的社区，提升社区空间可为社群提供的功能，并能够支持「一切依旧」的管理制度，以提升社区的韧性？Karen将分享JCDISI在参与式社区规划过程中获得的关键见解，并分享这些经验将如何引导接下来JCDISI的「全龄共融」社区规划议程，使我们的社会基础设施面向未来、支持居家安老。